

Welcome to iviggo.com

People all over the world are fighting in everyday life with motivation, energy, self-confidence, bad habits and stress or worries and challenges at work

You can write unlimited to IVIGGO's coach and expert panel based on your own challenges and problems and get video answers

You have IVIGGO at your fingertips 24/7 via your computer, smartphone and tablet

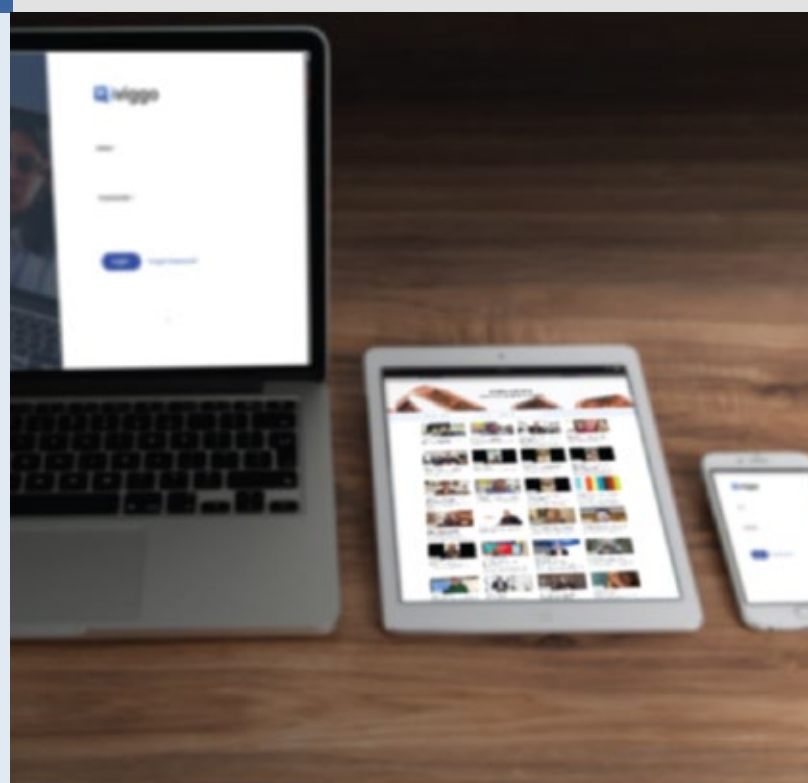


The world's first "Online fitness center"

For mental health and personal development

iviggo offers a service never seen before

Write directly to the coach and expert panel and they answer you with videos



Seek inspiration and new direction in IVIGGO's video library

You can always start by searching in the always growing video library

All the videos that our experts create are uploaded to the video library so it is available to everyone at all times

It means to you that you will always have inspiration, knowledge and insight at your fingertips

And if you do not find what you are looking for - then just ask the panel and they respond you with videos

Life can be thought and lived in many ways

The topics and categories on IVIGGO range in all areas of personal development, growth and mental health.

We want to help individuals, companies, their managers and employees, couples, young people and the elderly

Since we are whole people, we reach out to everyone. And the challenge you have today may be quite different in next week



IVIGGO has chosen it must be easy to get help, advice and inspiration

The expert panel at IVIGGO consists of coaches, therapists, psychologists, mental health trainers and mentors, all who live by and are passionate about passing on their advice and messages

Unfortunately, it can usually be expensive and time consuming to get personal coaching, advice and guidance when you need it most

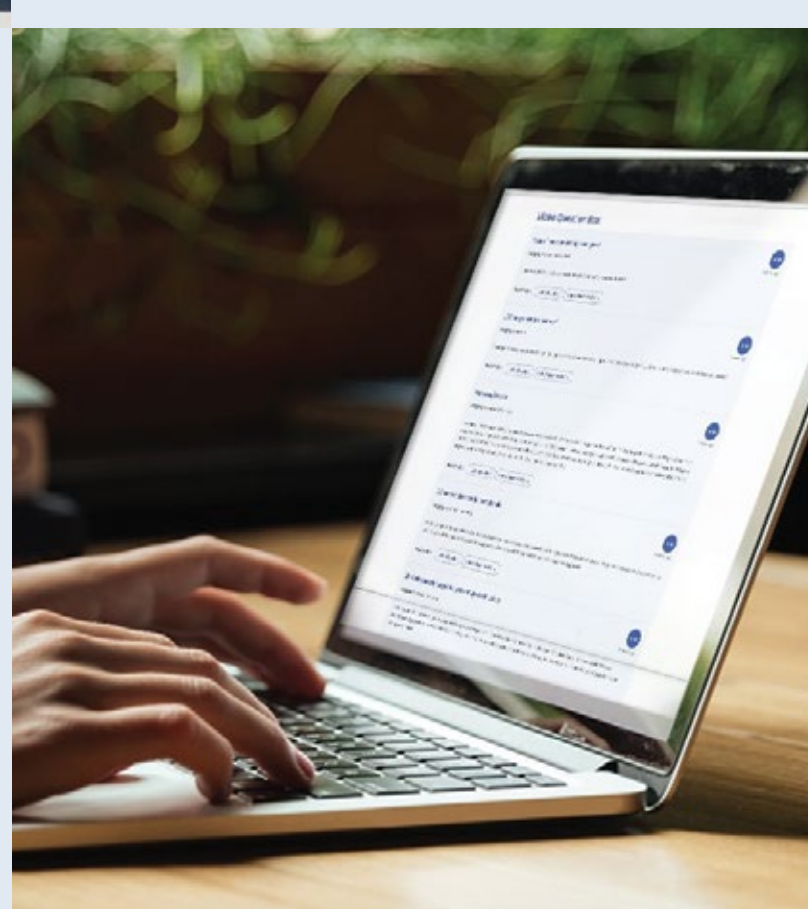
It stops now - at IVIGGO you only pay a modest monthly membership.

Other valuable and benefits on IVIGGO

You are anonymous on IVIGGO when you apply questions - that means you can ask all the difficult questions

You can also save your favorite videos so you quickly can revisit and hear what you need

IVIGGO is on its way out to the whole world and on any language.



Use iviggo.com as your Online mental fitness center

Get answers and solutions to your daily challenges so you get your "Reminder" that is needed so you feel you are in driver's front seat all the time and develops a positive mindset

IVIGGO is for you who want the most out of it of life when it comes to getting answers and inspiration on own development, growth and mental health - privately and at work

support@iviggo.com
+45 42217569

